



**Brain Injury
Alliance**
I O W A

25th Annual

Best Practice in Brain Injury Services Conference

**“Shattering the Myths,
Unmasking the Opportunities”**

Keynote

Friday, March 3, 2017

8:00am-9:15am

Dave Anders, MS, CCC-SLP, CBIST

Dave is an Iowa licensed Speech - Language Pathologist who has been practicing in the field of brain injury for 19 years and currently holds the position of therapy director at On With Life. Dave is a member of the BIA-IA board of directors and received certification as a Brain Injury Specialist Trainer through the Brain Injury Association of America in 2012. He has presented regionally and nationally on a variety of topics related to acquired brain injury.



**Life After Discharge: Facilitating Healthy
Transitions After Rehabilitation**

The purpose of this presentation is to provide brain injury survivors, caregivers, family members and professionals with an understanding of how the principles of neuroplasticity and engagement can be transitioned out of the rehabilitation setting and into the home setting. A basic overview of Brain Injury Coping Skills Training will also be discussed.

Objectives:

- The listener will identify the 10 principles of neuroplasticity
- The listener will demonstrate a basic understanding of the roles of endorphins, dopamine, serotonin, and oxytocin in facilitating engagement in life after brain injury
- The listener will identify the principles and topics addressed through a comprehensive Brain Injury Coping Skills program

Target Audience:

Those who have experienced brain injury, families and educators.

**This is not limited to target audience*